

# Y7 Transition Booklet



**NAME:**



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On your journey to starting year 7 in our school mark out some key life events that you would like to share with us. What things hand stood out to you?

## Year 1 in Primary school



Starting Year 7

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## What do I know about my secondary school?

Who is your Head of School?	
Who are the members of the Safeguarding Team?	
What is the address for the school?	
What time does school start and finish at?	
What confidential portal do we use for students to submit worries, concerns or issues?	
What different student leadership opportunities are there and how do I apply? <i>Which one might you apply for?</i>	
How many different subjects will you learn over a fortnight? <i>Which one are you most looking forward to?</i>	



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## Moving to your new school

- List 4 things you are most excited about moving to Orsett Heath Academy
  - 1.
  - 2.
  - 3.
  - 4.
- List 4 things you are a little worried/nervous about
  - 1.
  - 2.
  - 3.
  - 4.
- List 4 things you would like to know about Orsett Heath Academy
  - 1.
  - 2.
  - 3.
- List 4 things that will help you when moving to Orsett Heath Academy
  - 1.
  - 2.
  - 3.
  - 4.
- List 4 differences between your primary school and Orsett Heath Academy
  - 1.
  - 2.
  - 3.
  - 4.



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## Subjects at your new school

Find the subjects below in the Word search – they are vertical, horizontal and diagonal!

E	R	E	E	N	S	W	B	I	X	C	I	W	N	X	D	Z	A	R	T
Z	N	R	N	Z	U	U	C	S	H	R	L	A	R	S	W	L	O	W	G
X	L	Q	Y	Z	X	J	O	G	T	W	R	V	D	Y	O	E	A	Y	H
X	H	X	H	P	F	R	E	I	W	Q	E	I	X	L	P	F	P	Z	Z
Q	Y	N	W	R	L	O	F	R	G	P	A	L	J	B	W	M	K	W	J
E	X	Q	E	H	G	V	B	I	J	I	L	S	X	M	D	X	N	J	H
I	X	N	I	R	J	I	I	E	W	W	L	X	H	E	H	R	I	M	Q
D	C	U	A	W	D	U	M	W	E	W	A	E	K	S	N	J	I	L	S
H	W	P	S	V	X	I	H	G	R	K	J	L	R	S	R	G	P	K	U
A	H	S	C	I	E	N	C	E	A	C	B	G	H	A	O	R	M	Y	R
Y	K	W	D	K	P	G	G	L	N	Q	X	G	U	Y	T	W	A	Z	J
G	N	I	T	U	P	M	O	C	C	H	Z	H	W	K	U	D	Y	V	Z
A	B	E	G	O	D	A	X	J	V	B	I	V	S	H	T	A	M	S	K
M	M	F	U	W	N	H	J	Y	X	P	H	S	S	Q	S	S	R	T	O
Q	V	A	Y	T	E	Y	O	B	Z	Q	J	I	T	I	F	B	A	T	D
X	X	C	R	H	C	L	H	S	G	H	L	G	U	O	E	J	U	E	A
A	C	Q	A	D	H	Z	F	Q	R	G	I	W	D	M	R	B	K	E	O
M	X	R	F	F	A	Z	V	I	N	D	I	U	I	P	W	Y	Q	R	O
O	G	Z	P	P	Q	J	X	E	N	W	B	T	E	Y	L	Z	H	V	B
O	O	L	M	W	I	D	M	Y	W	L	F	D	S	M	G	T	R	T	F



Maths  
English  
Science  
Geography  
History  
Art  
PE

Drama  
Computing  
Religious Studies  
French  
Assembly  
Tutor Time

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## Getting to Secondary School

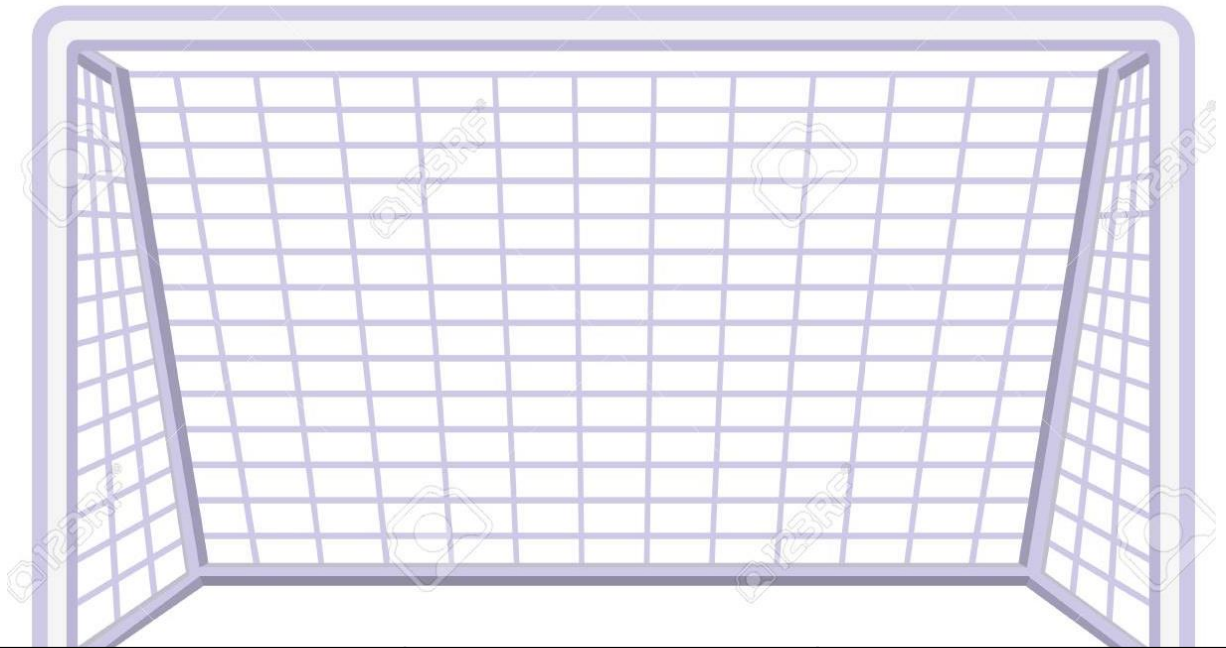
Getting to Orsett Heath safely is just as important as being there. In the box below, draw the route you are going to take to school (whether that's walking, cycling, driving or by bus). Identify spots where there could be hazards (e.g. busy roads) and explain how you will manage this safely!



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## My Goals for Secondary School

When you go to Secondary School, you will learn a huge number of new skills, and improve skills you have practiced in Primary School. In the goal below, use the list to write in 10 new skills or things you'd like to build on in your years at Secondary School.



Be in a school play or production	Speak another language	Represent your school in a national competition
Learn to play a musical instrument	Volunteer in the local community	Travel to another country
Play for a school team	Learn how to survive in the wild	Be a student leader and join a leadership team
Learn how to manage money	Taste food from another country	Improve your teamwork skills
Cook a new meal from scratch	Read new books	Have an active say on the future of your school
Create a piece of art	Raise money for charity	Become Head Boy or Girl
Learn how to read a map	Join an after school club	Learn to dance
Use computers to create your own website	Learn First Aid	Improve your singing
Make new friends from other schools	Work as part of a team	Try camping

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## Beyond Secondary School

After secondary school, you can move onto college or an apprenticeship and then to University or into a job! It's normal not to know what you want to do yet but this is a chance for you to have a think about your dream jobs!

<p><b>Job:</b></p> <p><b>Key Skills:</b></p>  <p><b>Subjects to Study:</b></p>	<p>Icons to represent that job:</p>
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## 5 a Day Transition Activities!

See how much you can complete in one week and send your activities or pictures to [office@oha.swecet.org](mailto:office@oha.swecet.org). You may want to create a PPT to show us your journey!

	Preparation for Secondary School	Developing Self Confidence and Wellbeing	Subject Knowledge	Staying Active
Monday	On your daily walk today, walk from your home to school and back, or look up what bus you will need to catch and the time	What are three things you are confident about with yourself and your learning?	<b>English:</b> Write a short descriptive story about how you imagine your first day at OHA to be	<b>Mini Workout:</b> 25 sit ups 25 star jumps 1 minute jogging 25 press ups 25 squats
Tuesday	Ask a family member about how they felt when they transitioned to secondary school.	What are two things you would like to improve about yourself and your learning when you join us?	<b>Maths:</b> Recall the times tables for 3, 6 and 9. draw 4 pizzas cut into 8 slices, then shade the number of slices that represent the following fractions $\frac{1}{4}$ , $\frac{1}{2}$ , $\frac{3}{8}$ , $\frac{5}{8}$	<b>Mini Workout:</b> 25 burpees 25 jumping jacks 1 minute skipping 25 bicycle crunches 25 high knees
Wednesday	What should you do if you are not going to be in school? Who should you contact at school?	Which subjects are you excited to study when you join us?	<b>Science:</b> Research about animal and plant cells. What do they look like? What's inside them? What do the different parts do? How are they similar or different?	<b>Mini Workout:</b> 25 squat jumps 25 lunges 1 minute plank 25 high knees 25 sit ups
Thursday	What is the school's expectation for attendance?	What are three hobbies or interests you have that you could discuss with a new friend?	<b>MFL:</b> If you have access to the internet, download the Duolingo app. Start learning French!	<b>Mini Workout:</b> 25 press ups 25 high kicks 1 minute mountain climbers 25 bicycle crunches 25 high knees
Friday	Write down your morning routine for when you join OHA. For example, set my alarm for 7.15am	What three qualities would make you a great new friend to have to someone from another primary?	<b>Drama:</b> Practice by using a mirror, different facial expressions and emotions such as happy, sad, frightened, confused, embarrassed and confident	<b>Mini Workout:</b> 25 bunny hops 25 star jumps 1 minute climb 25 sit ups 2 minutes jogging